

Steven L. Berman

DEPARTMENT OF PSYCHOLOGY
UNIVERSITY OF CENTRAL FLORIDA
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CURRICULUM VITAE

EDUCATION

- 1992-1996 Ph.D. *Florida International University*
Developmental Psychology
Miami, Florida
- 1983-1987 M.S. *Nova University*
Clinical Psychology
Ft. Lauderdale, Florida
- 1980-1983 M.A. *McGill University*
Educational Psychology
Montreal, Canada
- 1976- 1980 B.S. *McGill University*
Personality & Abnormal Psychology
Montreal, Canada

PUBLICATIONS - ARTICLES

- Berman, S. L., Kennerley, R. J., & Kennerley, M. A. (in press). Promoting positive adult identity development: An investigation of the feasibility of a university-based program. *Identity: An International Journal of Theory and Research*.
- Kurtines, W. M., Ferrer-Wreder, L., Berman, S. L., Lorente, C. C., Silverman, W. K., & Montgomery, M. J. (in press). Promoting positive youth development: New directions in developmental theory, methods, and research. *Journal of Adolescent Research*.
- Varela, R. E., Weems, C. F., Berman, S. L., Hensley, L., Rodriguez de Bernal, M. C. (in press). Internalizing Symptoms in Latinos: The Role of Anxiety Sensitivity. *Journal of Youth and Adolescence*.

- Berman, S. L., Weems, C. F., Rodriguez, E. T., Zamora, I. J. (2006). The relation between identity status and romantic attachment style in middle and late adolescence. *Journal of Adolescence, 29*, 737-748.
- Berman, S. L., Weems, C. F. & Stickle, T. R. (2006). Existential anxiety in adolescents: Prevalence, structure, association with psychological symptoms and identity. *Journal of Youth and Adolescence, 35*, 303-310.
- Schwartz, S. J., Adamson, L., Ferrer-Wreder, L., Dillon, F. R., & Berman, S. L. (2006). Identity status across contexts: Variations in measurement structure and mean levels among White American, Hispanic American, and Swedish emerging adults. *Journal of Personality Assessment, 86*, 61-76.
- Dehon, C., Weems, C. F., Stickle, T. R., Costa, N. M. & Berman, S. L. (2005). A cross sectional evaluation of the factorial invariance of anxiety sensitivity in adolescents and young adults. *Behaviour Research and Therapy, 43*, 799-810.
- Berman, S., Montgomery, M., & Kurtines, W. (2004). The development and validation of a measure of identity distress. *Identity: An International Journal of Theory and Research, 4*, 1-8.
- Weems, C. F., Costa, N. M., Dehon, C., & Berman, S. L. (2004). Paul Tillich's theory of existential anxiety: A conceptual and empirical analysis. *Anxiety Stress & Coping: An International Journal, 17*, 383-399.
- Berman, S. L., Silverman, W. K., & Kurtines, W. M. (2002). The effects of community violence on children and adolescents: Intervention and social policy. In B. L. Bottoms, M. B. Kovera, & B. D. McAuliff (Eds.) *Children, psychology, and U.S. Law*. (pp. 301-321) New York: Cambridge University Press.
- Ferrer-Wreder, L., Lorente, C., Kurtines, W., Briones, E., Bussel, J., Berman, S., & Arrufat, O. (2002). Promoting identity development in marginalized youth. *Journal of Adolescent Research, 17*, 168-187.
- Weems, C. F., Berman, S. L., Silverman W. K., & Rodriguez, E. (2002). The relation between anxiety sensitivity and attachment style in adolescence and early adulthood. *Journal of Psychopathology and Behavioral Assessment, 24*, 159-168.
- Berman, A., Schwartz, S., Kurtines, W., & Berman, S. (2001). The process of exploration in identity formation: The role of style and competence. *Journal of Adolescence, 24*, 513-528.

- De Los Reyes, A., Compain, J., Fernandez, G. Berman, S. & Silverman, W. (2001). Depresión y mala interpretación de los padres luego de una exposición traumática de la ansiedad del hijo. (Depression and parental misperception of child anxiety following traumatic exposure). *Revista Argentina de Clinica Psicológica*, 10, 271-278.
- Silverman, W. K., & Berman, S. L. (2001). Treating anxiety disorders in children. In J. Hughes, J. Conoley, & A. M. La Greca (Eds.) *Handbook of psychological services for children and adolescents*. London, U.K.: Oxford University Press.
- Silverman, W. K. & Berman, S. L. (2001). Psychosocial interventions for anxiety disorders in children: Status and future directions. In W. K. Silverman & P. A. Treffers (Eds.) *Anxiety disorders in children and adolescents: Research, assessment, and intervention*. (pp. 313-334). New York: Cambridge University Press.
- Weems, C., Berman, S., Silverman, W., & Saavedra, L. (2001). Cognitive errors in youth with anxiety disorders: The linkages between negative cognitive errors and anxious symptoms. *Cognitive Therapy and Research*, 25, 559-575.
- Berman, S., Silverman, W., & Kurtines, W. (2000). Youth exposure to crime and violence: Providing psychosocial intervention in the school. *The Journal of Cognitive Psychotherapy*, 14, 37-50.
- Berman, S., Silverman, W., & Kurtines, W. (2000). Children's and Adolescents' exposure to community violence, post-traumatic stress reactions, and treatment implications. *The Australasian Journal of Disaster and Trauma Studies*, v. 2000-1.
- Berman, S., Weems, C., & Silverman, W. (2000). Predictors of treatment outcome in cognitive behavioral intervention for childhood anxiety and phobic disorders. *Behavior Therapy*, 31, 713-731.
- Berman, S., Kurtines, W., Silverman, W., & Serafini, L. (1996). The impact of exposure to crime and violence on urban youth. *The American Journal of Orthopsychiatry*, 66, 329-336.
- Kurtines, W.M., & Berman, S.L. (1995). Moral development and education today and tomorrow. *Moral Education Forum*, 20, 16-23.

- Kurtines, W. M., Berman, S. L., Ittel, A., & Williamson, S. (1995). Moral development: A co-constructivist perspective. In W. M. Kurtines and J. L. Gewirtz (Eds.) *Moral Development: An Introduction* (pp. 337-376). Boston: Allyn & Bacon.
- Berman, S., Wanderman, J., Briones, E., Wolf, L., & Kurtines, W. (1993). Education for democracy: A co-constructivist perspective. *Teoría de la Educación*, 5, 87-96.

PRESENTATIONS

- Berman, S., Kennerley, R., Kennerley, M., Kaplan, D., Marshall, L. Rainka, A., & Randall, J. (2006, August). *Fostering Positive Identity Development in College Students*. Presented at the American Psychological Association's annual convention, New Orleans, LA.
- Berman, S., Weems, C., & Petkus, V. (2006, March). *The role of identity distress as a link between identity status and psychological symptoms*. Presented at the Society for Research on Adolescence' biennial convention, San Francisco, CA.
- Berman, S., You, Y., & Mochizuki, K. (2005, August). *Identity development in China, Taiwan, Japan, and the United States*. Presented at the American Psychological Association's annual convention, Washington, DC.
- Berman, S., & Petkus, V. (2005, April). *Adolescent romantic attachment and identity: The role of Identity distress*. Presented at the Society for Research in Child Development's biennial convention, Atlanta, GA.
- Berman, S., Kennerley, R., Kennerley, M., Kelley, T., & Welliver, D. (2005, February). Fostering positive identity development in children of Mexican immigrant farmworkers: The Making Life Choices (MLC) Workshop. In W. Kurtines (Chair), *Promoting positive youth development: Outreach and new directions in developmental theory, methods, and research*. Presented at the Society for Research in Identity Formation's annual convention, Miami, FL.
- Berman, S., Weems, C., Rodriguez, E., & Zamora, I. (2004, August). *Exploring the link between identity and attachment*. Presented at the American Psychological Association's Annual Convention, Honolulu, HI.

- Berman, S., Kennerley, R., Goldstein, J., Rangel, B., Mochizuki, K., Thompson, L., Andes, D., Kelley, T., Welliver, D., (2004, March). *Identity development in children of Mexican immigrant farmworkers*. Presented at the Society for Research in Identity Formation's biennial convention, Baltimore, MD.
- Kennerley, R., Berman, S., Kennerley, M., Dragovich, M., Mungor, V., Matthew, D., & Pouzzner, J. (2003, November). *Identity style, identity status, and stage of change: A comparison and correlation of models*. Presented at the Society for the Study of Human Development's biennial Convention, Boston, MA.
- Berman, S., Trapuzzano, M., Clescerc, N., Côté, J., Kurtines, W., & Montgomery, M. (2003, May). *The development and validation of a new measure of identity distress*. Presented at the Society for Research in Identity Formation's biennial convention, Vancouver, BC, Canada.
- Berman, S., Kennerley, R., Ramírez, D., Romero, C., Páez, A., & Ibáñez, S., (2003, Apr.). *Romantic attachment in Colombian and American Adolescents*. Presented at the Society for Research in Child Development's biennial convention, Tampa, FL.
- Berman, S., & Boulter, L. (2003, March). The application process. In A. Wang (Chair), *Preparing for graduate school*. Presented at the Southeastern Psychological Association's annual convention, Orlando, FL.

HONORS IN THE MAJOR UNDERGRADUATE THESIS FACULTY COMMITTEE CHAIR

- Mack, C. (2006, August). *The link between identity distress and agentic personality*.
- Petkus, V. (2005, April). *The role of identity distress as a mediator between identity status variables and psychological symptoms*.
- Dragovich, M. (2004, July). *The development and validation of a measure of adult egocentrism*.
- Varner, K. (2004, July). *The influence of religion and spirituality on identity formation*.

PRESENTATIONS BY STUDENTS UNDER MY SUPERVISION

- Lewis, M. & Berman, S. (2007, February). *Adolescent dating experience and its relationship to intimacy and identity*. Presented at the Southeastern Psychological Association's annual convention, New Orleans, LA.
- Mack, C., & Berman, S. (2006, August). *The incremental validity of identity distress in predicting agentic personality*. Presented at the American Psychological Association's annual convention, New Orleans, LA.
- Gray, C., & Berman, S. (2006, August). *Identity as a potential mediator of parental and romantic attachments*. Presented at the American Psychological Association's annual convention, New Orleans, LA.
- Segev, Z., & Berman, S. (2006, March). *Identity development in a clinical population*. Accepted for presentation at the Society for Research in Identity Formation's annual convention, San Francisco, CA.
- Pattison, J., Petkus, V., & Berman, S. (2005, April). *Identity development in children of Mexican migrant farmworkers*. Presented at the Southeastern Psychological Association's annual convention, Nashville, TN.
- Dragovich, M. & Berman, S., (2005, February). *Egocentrism and its measurement among emerging adults*. Presented at the 2nd Conference on Emerging Adulthood, Miami, FL.
- You, Y., Goncalves, B., Kennerley, M., Kennerley, R. & Berman, S., (2005, February). *Increasing positive identity development in emerging adult women*. Presented at the 2nd Conference on Emerging Adulthood, Miami, FL.
- Petkus, V., Pattison, J., & Berman, S. (2005, February). *Identity distress and psychological adjustment*. Presented at the Society for Research in Identity Formation's annual convention, Miami, FL.
- You, Y., Mochizuki, K., & Berman, S. (2005, February). *Identity status and distress in Asia: A cross-national comparison*. Presented at the Society for Research in Identity Formation's annual convention, Miami, FL.
- Galiszewski, S., Andes, D., Dragovich, M., Koroschetz, A., Dappio, V., & Berman, S. (2004, March). *The development and validation of a measure of critical thinking*. Presented at the Southeastern Psychological Association's annual convention, Atlanta, GA.
- Dragovich, M., & Berman, S. (2004, March). *A study of adult egocentrism*. Presented at the Southeastern Psychological Association's annual

convention, Atlanta, GA.

- Varner, K., & Berman, S. (2004, March). *The influence of religiosity on identity formation*. Presented at the Southeastern Psychological Association's annual convention, Atlanta, GA.
- Gonzalez, M., Puerta, M., Suarez, M., Rodriguez, M., Ramirez, D., & Berman, S. (2004, March). *The Role of Anxiety in Romantic Attachment Styles of Colombian Adolescents*. Presented at the Society for Research on Adolescence's Biennial Convention, Baltimore, MD.
- Londoño, J. C., Goldstein, J., Bealer, Y., Koroschetz, A., Kennerley, R. & Berman, S., (2003, November). *Positive identity development in children of Mexican immigrant farmworkers*. Presented at the Society for the Study of Human Development's biennial Convention, Boston, MA.
- Lloyd, G., Goncalves, B., Biscoe, E., Evans, M., Kennerley, M., Kennerley, R. & Berman, S., (2003, November). *The development of a women's identity enhancement program*. Presented at the Conference on Emerging Adulthood sponsored by the American Psychological Association, Boston, MA.
- Dehon, C., Costa, N., Weems, C., Stickle, T., & Berman, S. (2003, November). *A cross sectional evaluation of the factorial invariance of anxiety sensitivity in adolescents and adults*. Presented at the American Association of Behavior Therapy's annual convention, Boston, MA.
- Ramírez, D., Suarez, M., Gonzalez, M., Puerta Plazas, M., Rodriguez, M., Weems, C., & Berman, S. (2003, August). *Anxiety sensitivity and attachment style in Colombian and American adolescents*. Presented at the American Psychological Association's annual convention, Toronto, Canada.
- Evans, M., Biscoe, E., Lloyd, G., Goncalves, B., Berman, S., Kennerley, M., & Kennerley, R. (2003, May). *Being me: An identity intervention workshop for women on the go*. Presented at the Society for Research in Identity Formation's biennial convention, Vancouver, BC, Canada.
- Romero, C., Ramírez, D., Páez, A., Ibáñez, S., & Berman, S. (2003, May). *Identity and attachment in Colombian and American adolescents*. Presented at the Society for Research in Identity Formation's biennial convention, Vancouver, BC, Canada.
- Wong, L., Andes, D., & Berman, S. (2003, April). *Learning pathways of children's water fears*. Presented at the Society for Research in Child Development's biennial convention, Tampa, FL.

Trapuzzano, M. Rogers, R., & Berman, S. (2003, March). *The identity distress project*. Presented at the Southeastern Psychological Association's annual convention, New Orleans, LA.

Wong, L., Andes, D., & Berman, S. (2003, March). *Development of children's water fears: The role of traumatic experience*. Presented at the Southeastern Psychological Association's annual convention, New Orleans, LA.

Carter, R., & Berman, S. (2002, April). *Identity development in high-risk African-American girls*. Presented at the Society for Research in Identity Formation's annual convention, New Orleans, LA.

Ramírez, D., Romero, C., Páez, A., Ibáñez, S., & Berman, S. (2002, April). *The relationship between identity and attachment in Colombian Adolescents*. Presented at the Society for Research in Identity Formation's annual convention, New Orleans, LA.

Kuperman, Z., Barlos, E. & Berman, S. (2002, April). *The influence of sexual identity on attachment & identity formation*. Presented at the Society for Research on Adolescence's biennial convention, New Orleans, LA.

Wong, L., & Berman, S. (2002, April). *Controversial issues: A classroom intervention for inducing attitude change*. Presented at the Society for Research on Adolescence's biennial convention, New Orleans, LA.

De Los Reyes, A., Berman, S., & Silverman, W. (2001, November). *Anxiety, depression and fear and its influence on parent over-reporting of child anxiety and fear*. Presented at the Association for Advancement of Behavior Therapy's annual convention, Philadelphia, PA.

TEACHING EXPERIENCE

<i>May 2007 – present</i>	<u>Associate Professor</u> University of Central Florida
<i>August 2001 – April 2007</i>	<u>Assistant Professor</u> University of Central Florida
<i>July 1997 – August 2001</i>	<u>Visitng Scholar/Scientist</u> Florida International University
<i>June 1997 - August 1997</i>	<u>Adjunct Instructor</u>

Miami-Dade Community College

September 1996 - May 1997

Visiting Assistant Professor
St. Lawrence University

September 1995 - May 1996

Adjunct Instructor
University of Miami

May 1993 - August 1996

Adjunct Instructor
Florida International University

CLINICAL EXPERIENCE

August 1997 – August 2001

Child Anxiety & Phobia Program
Duties: Clinical Assessments, Supervision, Administration
Florida International University
Miami, Florida

August 1995 - June 1996

Making Life Choices Workshops
Duties: Teach Problem-Solving Skills to College Students
with Identity Issues
Florida International University
Miami, Florida

August 1989 - December 1991

YMCA
Duties: Outreach Programs with Inner City Youth
Miami, Florida

October 1988 - July 1989

Youth Service Bureau
Duties: Individual, Group, & Family Therapy
West Palm Beach, Florida

March 1986 - October 1988

The Starting Place
Residential Treatment for Drug Abusing Adolescents
Duties: Individual, Group, & Family Therapy,
Administration, Staff Supervision
Hollywood, Florida

September 1985 - May 1986

Henderson Community Mental Health Center
Duties: Individual, Family, & Group Therapy
Ft. Lauderdale, Florida

January 1985 - July 1985

Nova University Community Mental Health Center
Duties: Individual Therapy
Davie, Florida

- January 1985 - May 1985* Broward County Court: Juvenile and Family Division
Duties: Full Battery Psychological Assessments
Ft. Lauderdale, Florida
- September 1984 - December 1984* Center for Group Counseling
Duties: Individual and Group Therapy
Boca Raton, Florida
- September 1984 - December 1984* Broward Regional Juvenile Detention Center
Duties: Adolescent Group Therapy
Ft. Lauderdale, Florida
- May 1984 - July 1984* Adolescents in Distress, Mills Shelter Home
Abused, Neglected, & Delinquent Adolescents
Duties: Child Care Worker
Ft. Lauderdale, Florida
- SERVICE ACTIVITIES**
- December 2006 – present* Program Coordinator
MA Clinical Psychology Program
- May 2003 – March 2007* Program Committee Chair
Society for Research in Identity Formation
- August 2002 – present* Faculty Advisor
Psi Chi, The National Honor Society in Psychology
University of Central Florida, Daytona Beach Chapter
- August 2001 - present* Daytona Campus Representative to the Honor's College
University of Central Florida
- August 2000 – August 2003* Steering Committee Member
Psi Chi, The National Honor Society in Psychology
Southeastern United States Region
- May 1999 – August 2001* Faculty Advisor
Psi Chi, The National Honor Society in Psychology
Florida International University Chapter
- September 1994 - August 1996* Campus Representative
American Psychological Association of Graduate Students
Florida International University

AWARDS & HONORS

Sponsored Research In-House Research Grant, University of Central Florida
Psi Chi Faculty Advisor Research Award
Recognition Award for Excellence in Adjunct Teaching
Psi Chi, National Honor Society in Psychology (Member)
Phi Kappa Phi Honor Society (Member)
Psychosocial Development Lab (Outstanding Service Award)
Masters Thesis (accepted with Honors)

AWARDS & HONORS OF UNDERGRADUATES WORKING UNDER MY SUPERVISION

Michelle Lewis, October 2006, Student-Mentor Academic Research Team Award
Cristina Mack, July 2006, Undergraduate Travel Award
Cristina Mack, October 2005, Honors In The Major Scholarship Award
Cynthia Gray, October 2005, Student-Mentor Academic Research Team Award
Jennifer Pattison, April 2005, Best Graduate Student Presentation finalist, Southeastern
Psychological Association
Veronica Petkus, October 2004, Honors In The Major Scholarship Award
Veronica Petkus, January 2004, Student-Mentor Academic Research Team Award
Jennifer Pattison, January 2004, Student-Mentor Academic Research Team Award
Michelle Dragovich, October 2003, Honors In The Major Scholarship Award
Michelle Dragovich, May 2003, Student-Mentor Academic Research Team Award
Anna Koroschetz, February 2003, Honors In The Major Scholarship Award
Stacia Galiszewski, October 2002, Honors In The Major Scholarship Award
Andres De Los Reyes, November 2001, Best Student Poster Presentation, Anxiety
Disorders' SIG of the Association for Advancement of Behavior Therapy
Grettel Fernandez, February 2001, National Honor Society in Psychology (Psi Chi)
Undergraduate Research Grant
Rona Carter, March 2001, Committee for Equity of Professional Opportunity (CEPO)
Award for best Undergrad Research Presentation at Southeastern Psychological
Association (SEPA) Convention
Irving Zamora, January 2000, Intel National Science Talent Search
Semi-finalist and scholarship recipient
Eileen Rodriguez, June 1999, Psychology Research Mentorship Experience (PRIME)
Summer Research Assistantship given by APA

AD HOC REVIEWER

Developmental Psychology
Journal of Adolescence
Journal of Clinical Child and Adolescent Psychology
Journal of Adolescent Research
Behavior Research and Therapy
Behavior Therapy
International Journal of Psychology
Identity: An International Journal of Theory & Research
Depression and Anxiety
Social Sciences and Humanities Research Council of Canada

MEMBERSHIP IN PROFESSIONAL SOCIETIES

Society for Research in Child Development
American Psychological Association
 Division 7: Developmental Psychology
 Division 53: Clinical Child & Adolescent Psychology
Southeastern Psychological Association
Society for Research on Adolescence
Society for Research in Identity Formation
Society for the Study of Human Development